



PRX-T33 Instructions

Pre-Treatment Instructions:

- Please refrain from wearing makeup to your appointment.
- Treatment cannot be performed on sunburned skin. Use a broad-spectrum SPF 30+ daily.
- Discontinue the use of retinoid medications (Retinol, Tretinoin, Retin-A, Atralin, Adapalene, Differin, Tazarotene, Tazorac, etc.) and over-the-counter anti-aging products containing Retinol, Retinaldehyde, or Vitamin A for one week prior to treatment.
- Discontinue the use of acne and exfoliating agents (Benzoyl Peroxide, Salicylic Acid, Glycolic Acid, Alpha or Beta-Hydroxy Acids) for 2-3 days prior to treatment.
- Notify SeaMist MedSpa if you have taken Accutane (oral acne medication) within six months before treatment.
- If you have a history of cold sores, begin prophylactic treatment with Valtrex or a similar medication no later than 24 hours before treatment.
- Botox and/or facial fillers within 48 hours prior to treatment are not recommended.
- This treatment is contraindicated if you are trying to conceive, pregnant, or nursing.

Post-Treatment Instructions:

- Day 1: Apply a generous amount of WiQo Moisturizing Face Cream for Dry Skin at night or earlier to help with dryness. Use a fingerprint-sized amount (not a pea-sized amount) and massage it into the skin until fully absorbed.
- Day 2 and beyond:
 - AM: Apply WiQo Moisturizing Face Cream for Dry Skin and SPF 40+.
 - PM: Apply WiQo Skin Smoothing Fluid, wait 30 minutes, then apply WiQo Moisturizing Face Cream.
- Do not use any other skincare products during your course of treatment. Gentle cleanser, SPF, and makeup are acceptable.
- You may resume your regular skincare routine seven days after your last session.

Side Effects:

- Intense flaking: This may occur after the first session of PRX application in patients with a very thick stratum corneum. It may last 2-3 days. Apply WiQo Moisturizing Face Cream for Dry Skin several times a day.
- Dryness: Apply WiQo Moisturizing Face Cream for Dry Skin more frequently.
- Darker patches appearing in the days following PRX application: These are thicker areas of skin drying up and will naturally exfoliate within a few days.
- Contact your provider if you experience any uncommon side effects.

If you think you are having an emergency please call 401-782-2400. After hours or on the weekend please email info@seamistmedspa.com with EMERGENCY DR. SIMPSON.