



PRX-T33 Pre & Post Treatment Instructions

Pre-Treatment Instructions:

- Please try to refrain from wearing any makeup to your appointment.
- Treatment can not be performed on sunburned skin. Use a broad spectrum SPF 30+ daily.
- Discontinue the use of Retinoid medication (Retinol, Tretinoin, Retin-A, Atralin, Adapalene, Differin, Tazarotene, Tazorac, etc) and OTC anti-aging products containing Retinol, Retinaldehyde, or Vitamin A for 1 week prior to treatment.
- Discontinue the use of acne and exfoliating agents (Benzoyl Peroxide, Salicylic, Glycolic, Alpha or Beta-Hydroxy Acids) for 2-3 days prior to treatment.
- Notify SeaMist MedSpa if you have used Accutane (oral acne medication) within 6 months prior to the treatment.
- If you have a history of cold sores, begin prophylactic treatment with Valtrex or similar medication no later than 24 hours prior to the treatment.
- Botox and/or facial fillers within 48 hours prior to your treatment is not recommended.
- This treatment is contraindicated if you are trying to get pregnant, pregnant or nursing.

Post-Treatment Instructions:

- Day 1: Apply a generous amount of WiQo Moisturizing Face Cream for Dry Skin at night or earlier to help with dryness. The amount should be a fingerprint size (not a pea size) and be massaged into the skin until absorbed.
- Day 2 and beyond: AM: Apply WiQo Moisturizing Face Cream for Dry Skin and SPF 40+.
- PM: Apply WiQo Skin Smoothing Fluid (wait 30 minutes) then apply WiQo Moisturizing Face Cream.
- Do not Use any other products during your course of treatment. Gentle cleanser, SPF and makeup is acceptable.
- You may resume your regular skin care regime 7 days after your last session.
- Possible Side Effects: Intense flaking: this can occur after the first session of PRX application on patients with a very thick stratum corneum. It may last 2-3 days. Apply WiQo Moisturizing Face Cream for Dry Skin several times a day.
- Dryness: Apply WiQo Moisturizing Face Cream for Dry Skin more frequently.
- Appearance of darker patches in the days following PRX application: these are thicker areas of skin drying up and will disappear through natural exfoliation in a few days.
- Contact your provider if you experience uncommon side effects.